

**SCHOOL WIDE  
TRAININGS &  
ASSEMBLIES**

# WHAT CAN MECKA DO FOR YOUR SCHOOLS:

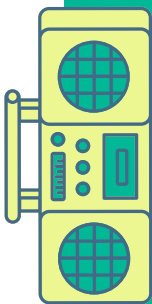
**MECKA  
LEADERS,**  
For young, aspiring leaders  
**MECKA**

**MENTORS**  
For parents, teachers, and adults  
**and MECKA**

**WELLNESS**  
For anyone wanting to live healthier  
**Conferences**  
**tailored to fit**  
**your specific**  
**needs.**

**Before or after  
school program  
teaching a fun  
and interactive  
positive mindset  
curriculum known  
as Club MECKA**

**EFFECTIVE  
TEACHER,  
STAFF AND  
PARENT  
TRAININGS**



## **WE ARE AMAZING! MUSIC PROGRAM**

Can be implemented during school to an entire grade or group of students or as an after school program.

Our mission is to spread mental wellness, healing, compassion and suicide prevention because each life matters...  
**including yours!**